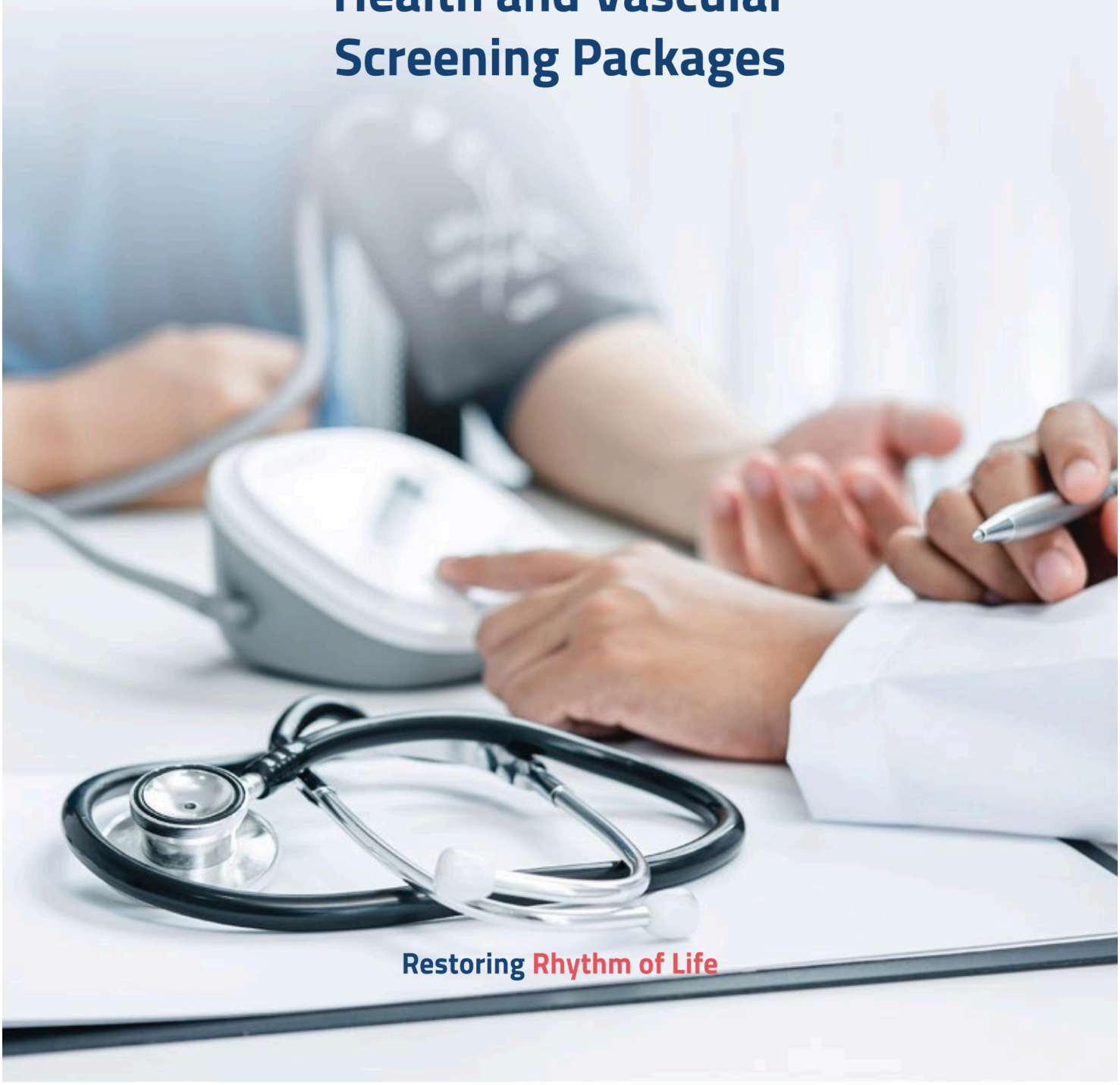
NORTHERN

HEART HOSPITAL PENANG

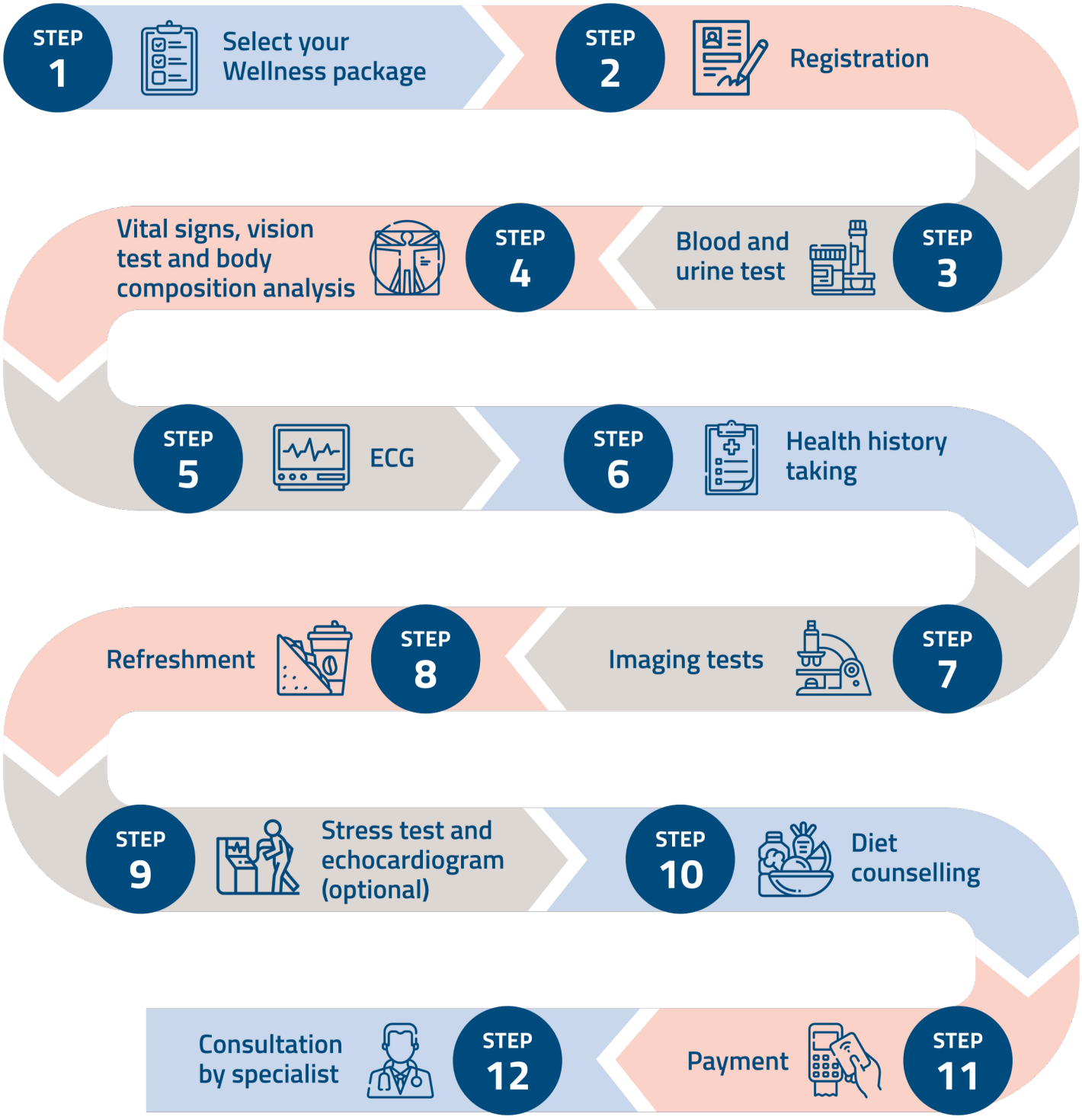
YOUR HEART HEALTH STARTS HERE

Health and Vascular Screening Packages



Restoring Rhythm of Life

Your Health Screening Day Journey



Notes

- This health screening process outlined is a general guide. The screening flow may vary slightly depending on the health screening package.
- For more information you may contact our Health Screening Centre at **+604 684 7600** or email it to **health.screening@nhearthospital.com**.

Looking for a visual walkthrough? **Scan Here**

HEALTH SCREENING PACKAGES	ESSENTIAL RM720		PREMIUM RM1,280		ADVANCED HEART RM2,280	
GENDER	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
Estimated Hours (excluding consultation time)	2 - 3 hours		3 - 4 hours		5 - 6 hours	
Consultation	●	●	●	●	●	●
Reporting by Specialist	●	●	●	●	●	●
Physical Examination	●	●	●	●	●	●
Vital Signs	●	●	●	●	●	●
Visual Acuity	●	●	●	●	●	●
Body Composition Analysis	●	●	●	●	●	●
Diet Assessment/Counselling	●	●	●	●	●	●
Blood Investigation						
Blood Grouping	●	●	●	●	●	●
Full Blood Count (FBC)	●	●	●	●	●	●
Lipid Profile	●	●	●	●	●	●
Lipoprotein (a)	●	●	●	●	●	●
Blood Sugar	●	●	●	●	●	●
Fasting Blood Sugar Level, HbA1c	●	●	●	●	●	●
Kidneys	●	●	●	●	●	●
Renal Function Test (RFT)	●	●	●	●	●	●
Urine FEME	●	●	●	●	●	●
Urine Microalbuminuria	●	●	●	●	●	●
Liver	●	●	●	●	●	●
Liver Function Test (LFT)	●	●	●	●	●	●
Hepatitis B Screening (Ag, Ab)	●	●	●	●	●	●
Thyroid Tests	●	●	●	●	●	●
Free T4	●	●	●	●	●	●
Thyroid Stimulating Hormone (TSH)	●	●	●	●	●	●
Cardiac Screening						
Resting ECG	●	●	●	●	●	●
Stress Test			●	●	●	●
Echocardiogram					●	●
CT Scan – Coronary Calcium Score					●	●
Radiological Screening						
Chest X-Ray	●	●	●	●	●	●
Ultrasound Abdomen	●	●	●	●	●	●
Ultrasound Pelvis			●	●	●	●
Bone Densitometry (2 regions – Hip & Spine)					●	●
Mammogram						●
Cancer Tumour Markers						
CEA (Colon)			●	●	●	●
AFP (Alpha Fetoprotein)			●	●	●	●
PSA (Prostate)			●		●	
CA 19.9 (Pancreas)			●	●	●	●
CA 125 (Ovaries)				●		●
CA 15.3 (Breasts)				●		●

VASCULAR PACKAGES	VASCULAR ARTERIAL RM998	VASCULAR ARTERIAL & VENOUS RM1,398
Consultation	●	●
Reporting by Specialist	●	●
Vital Signs	●	●
Vascular Investigation		
Ultrasound Carotid Artery	●	●
Ultrasound Abdominal Aorta	●	●
Ankle Brachial Pressure Index (ABPI)	●	●
Ultrasound Lower Limb Vein		●

OPTIONAL TESTS

Radiological Screening

Bone Densitometry (DEXA)	RM150
CT Scan - Coronary Calcium Score	RM400
CT Scan - Lung	RM450
Mammogram	RM200
Ultrasound Breasts	RM200
Ultrasound Fatty Liver	RM120
Ultrasound Liver Fibrosis	RM120
Ultrasound Neck	RM100
Ultrasound Pelvis	RM150

Heart & Lungs Assessment

Echocardiogram	RM360
Lung Function Test	RM 60
Stress Test	RM220

Digestive Tract Assessment

Urea Breath Test	RM180
Helicobacter pylori IgG	RM 80
Stool Occult Blood Test	RM 31

Gynaecological Assessment

Liquid-based Pap Smear Test	RM 80
Liquid-based + HPV by PCR	RM270

Cancer Tumour Markers

AFP (Alpha Fetoprotein)	RM 50
CA 125 (Ovaries)	RM 50
CA 15.3 (Breasts)	RM 50
CA 19.9 (Pancreas)	RM 50
CEA (Colon)	RM 50
PSA (Prostate)	RM 65

Other Laboratory (Blood) Tests

Hepatitis A Screening (Ab) IgG	RM 65
Thyroid Test, Free T3	RM 45
Vitamin D Deficiency	RM160
Vitamin B12 Deficiency	RM 96
HIV I & II (antibody screening)	RM 45
D-Dimer	RM150

VACCINES

- Flu (Influenza) Vaccine
- Pneumococcal Vaccine
- Hepatitis B Vaccine
- MMR (Measles, Mumps & Rubella) Vaccine
- Tetanus Vaccine
- Meningococcal Vaccine
- Shingles (Herpes Zoster) Vaccine
- RSV (Respiratory Syncytial Virus) Vaccine

For more information, please enquire at the Health Screening Centre.

The Management reserves the right to amend, modify, or revise these terms at any time without prior notice.

Guidelines and Requirements

Who can undergo health screening?

Individuals who are mobile and able to walk independently.

Individuals who are pregnant or suspected to be pregnant.

Preparing for Stress Test (treadmill)

Wear comfortable sports shoes

Bring a towel (to wipe sweat after running)

Clothing

Bring a scarf or cardigan if you tend to get cold

Wear comfortable clothing that is easy to remove if required for certain tests

Avoid wearing jewellery or accessories that may interfere with imaging tests

Rest and Relaxation

Get a good night's sleep before your screening to ensure accurate test results, particularly for blood pressure and stress tests.

Fasting Before Health Screening

- Fasting for at least 8 hours before your test.
- You may drink plain water only.

Medication

- Diabetes and other medications: Please take these after completing your blood test and ultrasound.
- Blood pressure (Hypertension) medication: Take these with plain water if it is time for your scheduled dose.

Identification

Malaysian citizens are required to present their Identification Card (I/C); non-Malaysians are required to present a valid passport.

Rescheduling of Appointment

- It is recommended to reschedule your appointment if you are feeling unwell.
- For women, it is advisable to reschedule your appointment if you are on your menstrual period.

Payment

We accept the following payment methods:

- Cash (Ringgit Malaysia MYR)
- Bank transfer
- Debit/credit card
- E-wallet

Appointment

- **Health Screening Centre Operating Hours**

Monday - Friday	7:30am to 4:30pm
Saturday	7:30am to 12:30pm
Sunday and Public Holidays	Closed

- You are advised to **call for appointment at least two (2) business days in advance and to come by 7:30am** in order to ensure your screening process is conducted effectively and smoothly.
- On the day of appointment, please report to Health Screening Centre at Level 5.



NORTHERN HEART HOSPITAL PENANG | MSQH ACCREDITED HOSPITAL

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Sunday and Public Holidays	|	Closed

Make an Appointment

Find out more

NORTHERN HEART HOSPITAL PENANG
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10350 George Town, DTL., Pulau Pinang.

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For patients' education only
NHH/MARCOM/WLVS/ENG/V3/2026

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